



## CEMENTING WEDDING WITH MARRIAGE

**Wedding is a Want & Marriage is a process to achieve this want!!!**

How do you want to start on a journey of Marriage?

Do you want to affirm your love & trust to your partner? If yes.....how?

Willing to identify the weaknesses & strengths of your relationship before tying the knot?

How to identify & accept unconditional love in Marriage?

Have you checked your emotional compatibility with your partner?

Willing to discover what suits you the best....Nuclear/Joint Family?

What dream marriage do you want to design?

Do you wish to know your in-laws to balance your relationship with them?

In case you are ready with the answers, I invite both of you to co-create your wonderful future together through this **six months course** with me to enjoy your marriage journey !!

This Six months Premarital course would help you to

- 1) Share your likes, dislikes, traits, beliefs, expectations and dreams with your partner.
- 2) Set a Personal Goal.
- 3) Communicate powerfully & effectively with each other.
- 4) Understand and accept your partner.
- 5) Practice harmony & honesty in your relationship.
- 6) Creating an inspiring future plan of your relationship.
- 7) Identify Parents-in-law's nature, expectations and dealing technique.

- 8) Understand the beliefs, preferences and personality traits of the family members.
- 9) Get the emotional Compatibility check to build the base of Marriage strong.
- 10) Design a Couple Dream.

**3 MONTHS- 20 Intensive 1 on 1 Coaching & Mentoring Sessions + 3 MONTHS Support**

- Deep Listening and result based sessions
- 2 years guarantee to deal with any post marital issues and enjoy the Marriage Journey
- 24/7 WA assistance (Generally I respond in a day)
- Emergency check ins.

**6 MONTHS VIP ASSOCIATION**

**TOTAL 20 SESSIONS**

**Pre decided mutual Days**

**3 months Training + 3 months support ( Once a week 30 minutes Zoom call )**

Techniques & Tools used:

- Life Box technique
- Pricking Pin Tool
- Relationship Couple Goal Card
- Affirmation Chart
- Okay Vs. Not Okay Tool

**1<sup>st</sup> Month**

**BRIDE & GROOM**

**8 Personal sessions**

- 1) Personal story sharing
- 2) Personality Traits
- 3) Setting value & respect
- 4) Emotional compatibility chk
- 5) Okay vs. Not Okay

**2<sup>nd</sup> Month**

**Couple**

**8 Joint sessions**

- 1) Knowing Marriage perspective
- 2) Sharing Weaknesses & Strengths
- 3) Affirming love & trust to each other
- 4) Setting Couple rules & limitations
- 5) Techniques to deal with Parents in law

**3<sup>rd</sup> Month**

**PARENTS**

**4 Family sessions**

- 1) Groom's Parents Intro...
- 2) Bride's Parents Intro...
- 3) Groom's parents & DIL
- 4) Bride's Parents & SIL
- 5) Family Peace & Harmony

**This is the best season of your life to invest your precious time, emotions and energy on this subject. Let's take the action to "Cement your wedding with your marriage."**